

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

**HOLY TRINITY**  
Gold Menu  
Autumn 2017

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 30 <sup>th</sup> Oct 20 <sup>th</sup> Nov 11 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 22 <sup>nd</sup> Jan 19 <sup>th</sup> Feb 12 <sup>th</sup> March	<b>Main</b>	Sausages * with Mash & Gravy	Cottage Pie with Gravy (made with Organic Beef)	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Free Range Chicken Tikka with Rice	Fish Fingers or Salmon Nuggets with Chips & Homemade Tomato Sauce
	<b>Vegetarian</b>	Quorn Sausages & Mash with Gravy	Sweet & Sour Quorn & Vegetables with Noodles	Lentil Roast with Roast Potatoes and Gravy	Creamy Vegetable Pie with Mash Potato Topping	Macaroni Cheese with Garlic Slice
		Cauliflower Peas	Carrots Green Beans	Savoy Cabbage Swede	Sweet corn Roasted Fresh Peppers	Baked Beans Garden Peas
	<b>Dessert</b>	Wholemeal Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter	Apple & Raisin Flapjack with Milk Yoghurt Fresh Fruit Platter	Carrot and Courgette Cake & Custard Yoghurt Fresh Fruit Platter	Fresh Apple Pie & Custard Yoghurt Fresh Fruit Platter	Lemon & Berry Drizzle Cake Yoghurt Fresh Fruit Platter
<b>Week 2</b> 6 <sup>th</sup> Nov 27 <sup>th</sup> Nov 18 <sup>th</sup> Dec 8 <sup>th</sup> Jan 29 <sup>th</sup> Jan 26 <sup>th</sup> Feb 19 <sup>th</sup> March	<b>Main</b>	Macaroni Pastitsio	Free Range Chicken Neapolitan Wholemeal Pasta	Roast Beef with Roast Potatoes and Gravy	Spaghetti Beef Bolognese (made with Organic Beef)	MSC Fish Fingers with Chips
	<b>Vegetarian</b>	Vegetable Lasagne Jacket Wedges	Lentil & Vegetable Pasty with New Potatoes	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Lentil & Sweet Potato Curry with Rice	Cheese & Tomato Quiche with Chips
		Coleslaw Sweet corn	Broccoli Carrots	Carrots Courgettes	Roasted Mixed Vegetables	Baked Beans Garden Peas
	<b>Dessert</b>	Orange Bread & Butter Pudding with Custard Yoghurt Fresh Fruit Platter	Banana Loaf with Custard Yoghurt Fresh Fruit Platter	Vanilla Shortbread with Fresh Fruit Chunks & Milk Yoghurt Fresh Fruit Platter	Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Chocolate & Beetroot Brownie with Milk Yoghurt Fresh Fruit Platter
<b>Week 3</b> 13 <sup>th</sup> Nov 4 <sup>th</sup> Dec 15 <sup>th</sup> Jan 5 <sup>th</sup> Feb 5 <sup>th</sup> March 26 <sup>th</sup> March	<b>Main</b>	Minced Beef and Onion Pie with Mash Potatoes	BBQ Chicken Pizza with Jacket Wedges	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Beef Lasagne (made with Organic Beef)	MSC Breaded or Battered Fish with Chips
	<b>Vegetarian</b>	Vegetable Wholemeal Pasta Bake	Bean Vegetable Chilli with Rice	Vegetable & Butter Bean Cobbler with Roast Potatoes and Gravy	Red Pepper Frittata with New Potatoes	Cheese & Tomato Pizza with Chips
		Green Beans Glazed carrots	Roasted Butternut Squash Curly Kale	Savoy Cabbage Mashed Swede	Broccoli Sweetcorn	Garden Peas Baked Beans
	<b>Dessert</b>	Rice Pudding with Mixed Berry Compote Yoghurt Fresh Fruit Platter	Pear Sponge with Custard Yoghurt Fresh Fruit Platter	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Apple & Raisin Strudel with Custard Yoghurt Fresh Fruit Platter	Pineapple Upside Cake with Custard Yoghurt Fresh Fruit Platter



\*Halal Sites – Chicken Sausage  
All other Sites – School Selection

Available Daily  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt

## Daily Menu Offer

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Each day Caterlink provide a balanced menu choice for children at your school.

They have the choice from the following each day

Main course which is either a vegetarian, meat or fish  
With  
Carbohydrate such as potato, rice or pasta  
And  
Two vegetables which they can have as much as they like

In addition they also have available  
Free flowing salad bar, and homemade bread.  
Dessert is as advertised or fresh fruit and yogurt